### ANDELEA SPA

Your Cycladic sanctuary

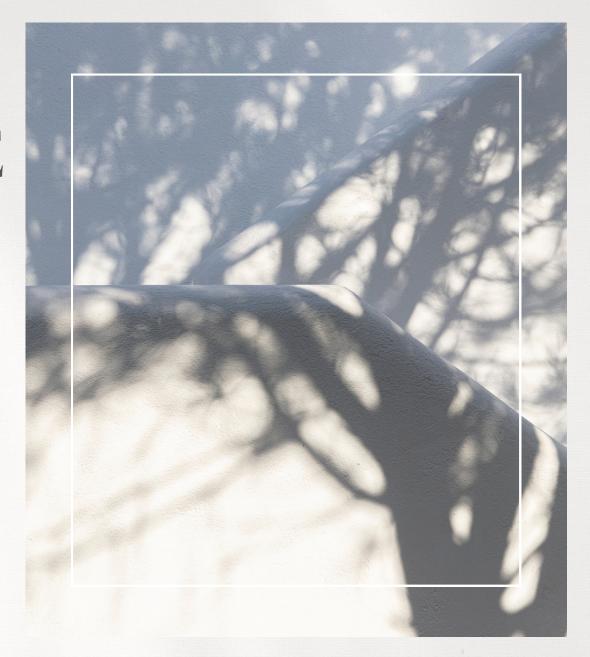


ANDELEA Spa was created by the ANEMI team as part of the curated experience we want to offer to our guests. Welcome to a healing place where wellness is part of every day living.



# OUR HERITAGE

In ancient Cycladic times, cure and treatment played a vital role in everyday life. People used rituals not only to heal illnesses and cure injuries but to improve their daily habits.



# OUR PHILOSOPHY

This is how The ANDELEA was created. Wellness is our state of everyday life and a process of growth: connecting with our body, finding balance with our mind, achieving happiness via mindfulness. ANDELEA concept was crafted with three pillars of wellness in mind – mindfulness, relaxation and bodywork.



## OUR SPACES

The creation of ANDELEA'S spaces is a reflection of our deep holistic perspective. From our reception area, to our treatment and steam bath room, our spa was designed to offer an unforgettable and mindful experience.







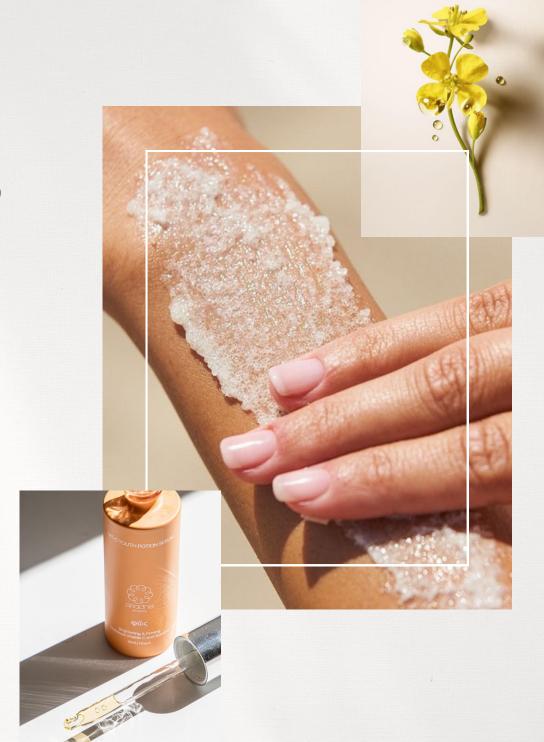
## PRODUCT PARTNER



ANDELEA Spa has joined forces with a pioneer in the wellness industry, Ariadne products. A Greek-born concept of high - end skin care products that approaches the science of beauty from a more elaborate vantage point.

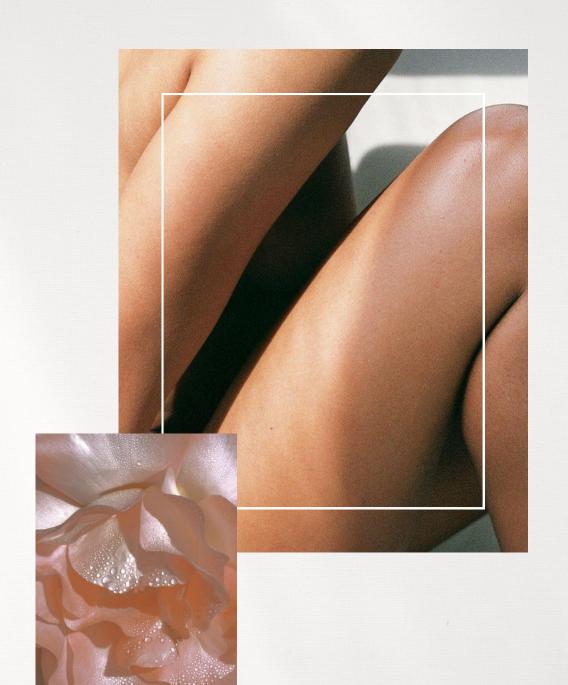
# OUR PRODUCTS

Products are carefully formulated to contain the very best of natural ingredients. The most important advantage of the natural ingredients is that they enhance the skin's natural function by working in synergy with it.



# OUR SERVICES

Discover spa treatments, especially designed for both men and women by our professional team. Our therapists will guide you on a journey of rejuvenation, performing relaxing, customized facials, reinvigorating massages, anti-aging treatments, holistic rituals. Moreover, our Wet Area is designed to enhance the experience of deep relaxation and rejuvenation of your body and mind,



# YOGA& HEALING TREATMENTS

We are proud to present the first official yoga studio in Folegandros. Our yoga studio is more than just a yoga studio; it is part of our wellness scheme. Its aim is to have a completely holistic approach to self-care along with Reiki and tailormade Healing treatments.





#### **ANDELEA SPA MENU**

#### SIGNATURE TREATMENTS

Luxuriate yourself in a series of carefully designed rituals that carry the seal of excellence Ariadne Athens experience has to offer. Choose among a wide range of outstanding treatments which emphasize on the uniqueness of a deluxe, natural, pampering practice.

#### **FACIAL TREATMENTS**

#### GLOWING PEARL - LUMINOUSLY RADIANT LOOK

Inspired by the undeniable charm and glamour of the Greek islands, this glowing therapy promises a brighter, firmer, and noticeably younger-looking skin. This facial, thanks to its valuable ingredients such as wheat proteins, clinically proven illuminating extract of rapeseed and vitamin C, targets signs of aging, evens skin tone and texture, and stimulates collagen production for a healthy, glowing complexion.

60min | 95 euros

#### CITRUS BLISS - ANTIOXIDANT PROTECTION & ULTIMATE PREVENTION

Guide your skin to a journey full of the sparkling notes of Kumquat and fresh fruit that energize your skin. A facial mask, highly concentrated in antioxidants, formulated with a proprietary multi-vitamin complex, prevents your skin from signs of premature ageing, caused by sun exposure or any other environmental stressors, while rejuvenating dull looking skin. Instantly regain a nourished, glowing look while enjoying a healthy, radiant appearance.

30min | 50 euros



#### LUNAR GRACE LUXURY ANTI-AGING FACE TREATMENT

The ultimate anti-ageing experience for your skin, empowered by precious gemstones for a totally glass skin effect. Specifically designed to target dullness, dryness, wrinkles and sagging, this treatment promises to reduce fine lines and wrinkles, support thin, fragile skin and increase its elasticity and firmness. Rose Quartz Crystals contribute to the specially designed facial massage, focusing on minimizing fine lines and wrinkles, as the proprietary blend of evening primrose and Ylang-Ylang repairs and rejuvenates the skin, promoting an overall youthful appearance, with a visibly firmer, tighter and lifted look.

60min | 115 euros

#### SKIN REBIRTH MIRACLE SKIN RENEWAL for FACE & DÉCOLLETAGE

A high-performance, all-in-one, innovative treatment that promises to diminish the look of fine lines and wrinkles, deeply moisturize and regenerate the skin, reinforce natural cellular turnover and improve overall appearance. Our star product, Skin Rebirth Miracle Skin Reinventing gel, infused with the remarkable healing effects of alkanna tinctoria root and its multiple anti-ageing, antioxidant and anti-inflammatory properties, promises to soothe, heal and regenerate your complexion. Your skin is recharged. Your skin is reformed. Your skin is reborn.

60min | 115 euros



#### SPARKLING EYES

Visibly revived look. Reveal your most radiant and luminous eyes with this exclusively designed eye treatment complimented with the power of Gua Sha crystals. A mild enzymatic peel with unique Chios Mastic, brightens dull and dehydrated skin, while the revitalizing massage with nourishing Evening Primrose oil, offers a natural, healthy glow. The eyes ritual, comprised of an innovative, highly-concentrated eye gel complemented by a proprietary blackcurrant peel-off mask, brightens dark circles, reduces puffiness and minimizes fine lines and wrinkles. Eye area is visibly hydrated, brightened, renewed and recharged. Your most youthful-looking skin is revealed.

30 min | 50 euros

#### **BODY TREATMENTS**

#### STARDUST GOLD LUXURY ANTI-AGEING BODY TREATMENT

Sparkling Jasmine and Gardenia white petals gently exfoliate the skin, offering the softest feel, preparing the body for the exceptionally beneficial properties of our firming and deeply nourishing "Serifos Precious Stones 24K Gold" Body Mask. The mask's innovative formula combines 24 Carat leaves of Gold with precious gemstones, to lift, tone and rejuvenate the skin, instantly revealing a more youthful look. Followed by a specially designed massage technique, which combines unique warm Rose Quartz sand and lavishly moisturizing Starflower oil, this treatment aspires to offer your skin the most ultimate Anti-Ageing properties, while guiding your senses to a sublime journey of the spirit.

75 min | 115 euros



#### **MASSAGES & MORE**

#### **RELAX & UNWIND**

Unwind and de-stress with this aromatic bespoke treatment. This soothing aromatherapy massage uses light to moderate pressure and a blend of essential oils to melt away tension. This harmonizing experience is a simple and effective way to let go of tensions, improve health, balance emotions, increase calmness and relaxation.

30min/60 min | 50/90 euros

#### **DEEP TISSUE**

The deep tissue massage is tailor-made to target specific areas of muscle tension and soreness. A series of intensive techniques is used to increase circulation, release built-up toxins, heal and restore balance to the body and nervous system. Feel your muscles release all the tension, while the luxurious naturally-scented oils envelop your skin and exhilarate your mind.

60min | 95 euros

#### MELTING SENSATION CANDLE MASSAGE (Seductive- Relaxing -Energizing – Detoxing)

Indulge your senses in a mystifying massage ritual that will entice your body and mind. Lay back and unwind while the heated solid waxes slowly turn into liquid oil, releasing their intoxicating aromas. Feel the delicately scented warm drops touch your skin and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient. Succumb, as the warm oil deeply penetrates the skin's surface, releasing its unique beneficial properties, and its sensuous fragrance seduces the mind. A unique experience of aromatherapy, relaxation & rejuvenation that promotes bliss, balance and well-being.

60min | 95 euros



#### LOVE AFFAIR

Spend time together and enjoy the truly unique experience of sharing time with your other half, as you both receive a pampering ritual perfect for couples. Take pleasure in a uniquely captivating experience of chocolate flavors, which combines the invigorating notes of mocha in a fine sugar crystal body scrub and an intoxicating, signature body mask with liquid chocolate extracts. Then, lay back and unwind while the heated solid waxes of candle massage slowly turn into liquid oil, as the mesmerizing flame gently burns the candle. Feel the delicately scented warm drops touch your skin, and envelop your whole body in a velvet textured massage that will satisfy even the most demanding massage recipient.

75min | 230 euros (for 2 people)

#### ANDELEA ESSENCE EXPERIENCE – SIGNATURE TREATMENT

Offer yourself a relaxing body experience while your skin is deeply nourished. An aromatic synergy of authentic Greek aromas, blended together in a mesmerizing combination, will create a long lasting relaxing experience. Folegandros' herbs combined with pure olive oil and red grapes from the island's vineyards all together create the absolute Greek feeling.

60min | 95 euros

#### **MINI RITUALS**

#### FATIGUE LEGS RELIEF MASSAGE

Refreshing notes of spearmint mingle with the velvet texture of sugar crystals to slowly stimulate the blood flow and offer a cooling sensation, as the body scrub smooths away dry, flaky skin. Potent red grape blends with local herbs in a, rich in antioxidants, gel mask that nourishes and renews the skin. A pampering massage experience using the moisturizing properties of coconut oil to deeply hydrate. Finally a calming yogurt powder mixed with the gel mask offers ultimate comfort for tired legs.

30min | 50 euros



#### CONFETTI RAINFALL SHOWER EXPRESS BODY POLISH

A full body exfoliation treatment, fast and invigorating, with the luxuriant captivating aromas of jasmine and gardenia. Delicate white sugar crystals softly remove dead skin cells, while promoting body circulation. As a result, the body's skin regains its elasticity and smoothness while obtaining a velvet touch with a fresh, radiant, healthy look. At the end, the delicate scented jasmine and gardenia body butter seals in all the moisture and nourishment.

30min | 50 euros

#### **RITUALS**

#### JET LAG REBALANCE RITUAL

Escape travel exhaustion with the 80-minute invigorating treatment that aims to revive and re-energize the body's natural biorhythms. Grounding and restoring natural flow when all feels out of sync, this energizing ritual relieves imbalances and revitalizes the nervous system. The intense mocha scrub leaves your skin silky soft, ready to receive the complementary benefits of the rejuvenating massage that follows. Sensational citrus fruit aromas invigorate the mind, while the massage, enhanced with targeted stretching techniques, support the body against stress and fatigue. Finally, the cooling sensation of spearmint mingle with the refreshing notes of grapefruit to slowly stimulate the blood flow and offer ultimate comfort.

80min | 120 euros



#### WINE HARVEST RITUAL

Inspired by the vineyards of Greece, this exhilarating experience of relaxation and wellness, releases and calms, both body and mind. A lush deliverance of olive kernels, red grape and rose petals indulge the skin in a soft body scrub, while proprietary antioxidants and vitamins are comprised in the nutritious mask that follows. Sparkling notes of bergamot and a mask of sun-soothing yogurt and honey are applied to immerse the skin in a bath of freshness and hydration. An enveloping aromatherapy massage with a warm candle grants total relaxation, completing this ultimate sensation. The alluring ritual ends with a refreshing glass of wine that brings a euphoric feeling, while also stimulating your senses.

90min | 125 euros

#### NYMPH OF CORFU MULTI-VITAMIN FACE & BODY TREATMENT

The absolute multi-vitamin treatment for your skin. The most proprietary anti-oxidants, vitamins and more, are blended in a unique treatment to offer your skin absolute nourishment. Feel your skin become stronger and healthier. A lush deliverance of Iris flowers and olive kernels indulge the skin in a soft body scrub, while the antioxidant nutritious masks for face, hair & body enhance their structure, restoring natural glow and elasticity. Rejuvenating face and body massage with orange oil seals all the benefits of this treatment, strengthening underlying tissue to offer the most resilient touch.

80min | 140 euros



#### **UNDER THE SUN FACE & BODY TREATMENT**

The ultimate after-sun care for your skin. This treatment embodies the refreshing properties of sea water drops and the calming benefits of a corn flour, combined to help restore skin's moisture. Inflammation and skin-irritation are minimized, offering a unique sense of relief after sun exposure. On one hand, Greek yogurt offers a healing and regenerating action and on the other, water lily combined with aloe helps improve overall skin's appearance. Gradually, your skin regains its own strength to fight external stressors, while the skin's natural moisture barrier becomes more resilient to maintaining its natural hydration levels. Feel your skin calm, soothed and moisturized with a naturally healthy appearance.

45min | 75 euros

#### **IN-ROOM TREATMENTS**

#### **RELAX & UNWIND**

Unwind and de-stress with this aromatic bespoke treatment at the comfort of your room.

30min/60 min | 70/120 euros

#### **DEEP TISSUE**

Our tailored deep tissue massage can be also performed in your room.

60min | 120 euros



#### **YOGA CLASSES**

Group class 25 euros / private session 60 euros

#### **WET AREA USE**

Self-Use 60min. 50€

Couples Getaway 60min. 80€ \* Ideal for Honeymooners

Family Time 60min. 105€ (Parents+1 child) +25€ for every extra person

Friends Bonding 110€ (3 persons) +30€ for every extra person \* Ideal for Bachelor Party

When booking a 60min and more treatment the use of wet area is free of charge

Wellness Packages

3 times visit 120€ per person/ 190€ couples

5 times visit 200€ per person/320€ couples



#### **NAIL CARE**

Basic manicure	35€
Shellac manicure	45€
Basic pedicure	40€
Shellac pedicure	60€
Add-On Services	
Cut down and shape	10€
Nail repair	6



#### SPA ETIQUETTE

#### **Treatment Preparation**

We recommend that you arrive 30' prior to your scheduled treatment, allowing time to complete your health questionnaire, loosen and relax your muscles.

#### **Cancellation Policy**

We kindly ask you that you give a minimum of a 4-hour cancellation notice. Cancellations made within 4 hours will be subject to the full charge of the treatment booked.

#### **Health Conditions**

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

#### **Spa Environment**

Please refrain from smoking and turn your phone off or to silent setting while in, or around the Spa areas.

The minimum age for taking a spa treatment is 16 years.

Parental consent is required for guests under the age of 18.

#### **Valuables**

The Spa accepts no responsibility for loss of valuables at any time on the spa premises. We request that you leave your valuables in your room.

## CONTACT US

ANDELEA Spa ANEMI HOTEL

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